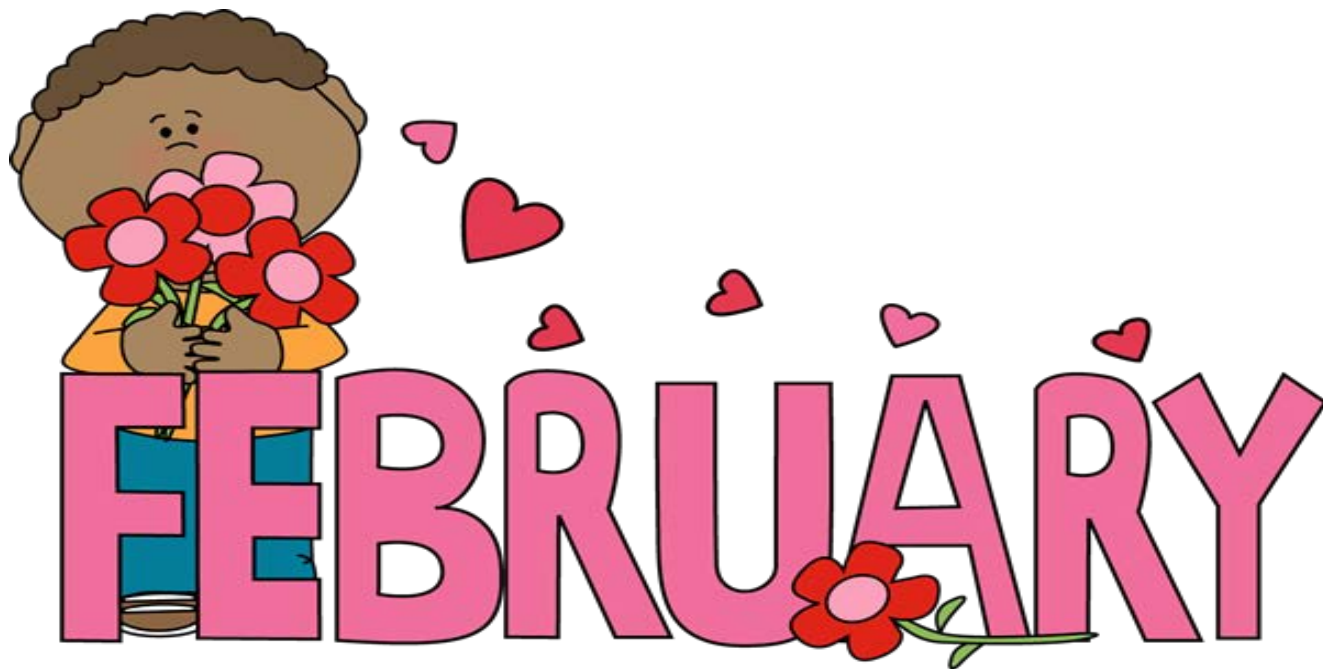



February



2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>RSVP at NVCCF: 702-735-8434</p>	<p>DON'T BE LATE! To ensure there's no interruption of programming. Doors will close 15 min after start time.</p>				<p>1 For parents: Pilates class – Must RSVP! 10 am – 11 am</p>	<p>2</p>
<p>3</p>	<p>4</p>	<p>5</p>	<p>6 Yoga class 11:30am–12:30p Stress Relief w/Beads 1 – 3pm RSVP!!!</p>	<p>7 Teen Night Ages: 13-18 6p – 8p MUST RSVP</p>	<p>8 Reflexology Spa Day - Parents RSVP!! Required 11 – 2:30 pm</p>	<p>9 Kool Kidz Workshop Ages: 5-18 11a – 1:30pm at NCCF MUST RSVP -</p>
<p>10</p>	<p>11</p>	<p>12</p>	<p>13</p>	<p>14</p>	<p>15 Yoga class with Shauna RSVP! 1 – 2 pm</p>	<p>16</p>
<p>17</p>	<p>18 Office Closed  President's day!</p>	<p>19</p>	<p>20</p>	<p>21 Teen Night Ages: 13-18 6p – 8p MUST RSVP</p>	<p>22</p>	<p>23 Kool Kidz Workshop Ages: 5-18 11a – 1:30pm at NCCF MUST RSVP -</p>
<p>24</p>	<p>25</p>	<p>26</p>	<p>27 Yoga Class – RSVP: 11:30am – 12:30p</p>	<p>28 Sickle Cell Mtg. at NVCCF @ 6:30pm MUST RSVP</p>		